



08

Major
achievement



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Remembering
Silvertown loss



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Class
act

thenewhammag

issue 358 // 27 January – 9 February 2017 // Every fortnight



**Free tickets
for schools**

Legacy boost
for children (p25)

Look out for the next issue from **10 February 2017.**

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News

Pupils are best in class

Newham's 11-year-olds are making the best progress in the country in terms of writing and are in the top ten nationally across a range of Government indicators that measure their performance during primary school.

This year the Government introduced a new national standard at Key Stage 2 that all pupils should achieve in reading, writing and maths combined; in the three subjects individually; and in grammar, punctuation and spelling combined.

The progress made by pupils in individual subjects was also measured, with a positive progress score meaning that, on average, pupils made more progress than those with similar prior attainment nationally.

For writing, Newham's overall progress score was +3.2, which was the highest in England. For mathematics, Newham's score was +2.9, which was the second highest in England. In reading, the score was +1.6, which was the tenth highest in England.

The statistics also showed 62 per cent of the borough's pupils achieved the expected standard at Key Stage 2 in reading, writing and mathematics combined. That is three percentage points above the London score and nine above England. The score ranked Newham tenth nationally out of 152 local authorities.

In writing alone, 84 per cent of Newham pupils achieved the expected standard,

ten better than the rest of England and five better than London. It ranked the borough third nationally.

In grammar, punctuation and spelling, 82 per cent of Newham pupils achieved the expected standard, three above London and nine above England, ranking the borough fifth nationally.

In mathematics, 80 per cent of Newham pupils achieved the expected standard. That was ten points better than the rest of the country and three better than London, ranking Newham sixth nationally and fifth in London.

In reading, 69 per cent of Newham pupils achieved the expected standard, the same score as the rest of London and three better than England. It ranked the borough 45th nationally.

Councillor Quintin Peppiatt, Cabinet member for children and young people, said: "These results are very good news. Newham is in the top ten nationally in 13 of the 17 official Government measures at this stage, including first in the country for progress at writing. Teachers, parents and pupils should be hugely proud of what is being achieved."



The borough's 11-year-olds are making great progress

11-year-olds top in country for progress in writing

News

Concrete plants plan on hold

A plan to build three concrete batching plants and another for asphalt production on the edge of Queen Elizabeth Olympic Park has been put on hold following opposition from Mayor Sir Robin Wales and Newham councillors who handed in a protest petition with the names of 11,000 residents.

The London Legacy Development Corporation (LLDC), which is responsible for deciding on whether the applications should proceed, has asked developers to withdraw the applications for land near Pudding Mill Lane Station.

Sir Robin said: "Residents and councillors have been concerned that these proposed factories would have a detrimental impact on people's lives and increase levels of noise, dust and air pollution.

"Queen Elizabeth Olympic Park is a bustling public space and should be protected. I urge the LLDC now to look at the future use of this land and consider carefully what type of industrial use can be appropriately located close to people's homes."



Cllrs Terry Paul and Unmesh Desai with the protest petition



Cllr Chowdhury presents the plaque

Thanks for joining carnival

Newham's community lead councillor for Beckton, Ayesha Chowdhury, visited Kingsford School to hand out medals and a silver plaque to thank pupils for taking part in the 2016 Mayor's Newham Carnival.

More than 750 young people from 20 schools across the borough joined the parade around the streets of East Ham last July. Kingsford pupils Sussie Siaw-Ajubi, Destiny Eniston, Patricia Amponshah, Amari Webb-Martin and Ayan Yousuf spent many hours making costumes and props based on the carnival's theme of Turning the Pages, a celebration of the power of literature.

Councillor Chowdhury said: "The Mayor's Newham Carnival is always a fantastic occasion and the Kingsford School pupils helped make the parade such a huge success. I hope this school and many others will take part again this year."

Invitation to schools to join the parade

...in brief

Gritters take to the streets

Newham Council's trusty team of gritters took to the streets on 44 occasions since the beginning of December to keep the borough moving.

The council's Winter Maintenance Plan sees Newham's roads pre-treated with salt to prevent a build up of ice or snow on priority routes, starting with bus routes and main roads that carry more than 1,500 cars an hour at peak times.

This winter the council stockpiled 2,642 tonnes of salt, with a further 564 tonnes just a phone call away. Priority gritting is also given to town centres, traffic interchanges, shopping centres and outside buildings such as schools, old people's homes, day centres and GP surgeries.

Councillor Ian Corbett, mayoral adviser on environment and leisure, said: "We are on standby and committed to working all the hours needed to keep the borough moving in times of cold weather."



Cllr Corbett at the grit pile

Fee error estate agents pay the price

The Stratford branch of estate agent Foxtons must pay a penalty charge of £2,500 because an administration fee it charges to prospective tenants was not being adequately explained.

Agents have been reminded about their obligations to consumers as part of Newham Council's fair lettings policy. A trading standards officer warned Foxtons in January last year that the £425 administration fee was not being properly explained. It remained that way for several months.

Councillor Andrew Baikie, mayoral adviser for housing, said: "Agents must ensure that fees are transparent, that deposits are protected and that agents have fair terms and conditions."

Match day parking restrictions

Parking restrictions are in place around the London Stadium in Queen Elizabeth Olympic Park when West Ham United play there.

Controlled parking hours in Stratford Central, Stratford North West, Stratford South West, Stratford South East and West Ham residential parking zones are extended and apply from 8am to 9pm. Only permit holders can park in them.

Event days are: 1 February (Manchester City); 11 February (West Bromwich Albion); 4 March (Chelsea); 18 March (Leicester). Fixtures are subject to change.

Station closed for revamp

Custom House Station on the Docklands Light Railway will be closed from 3 February until December to prepare for Elizabeth Line services.

The work will include a new mezzanine deck above the platforms as well as two additional staircases. Although the station will be closed, trains will continue to run. For information visit www.tfl.gov.uk

No place for FGM

Newham Council is hosting an event at Stratford Library on 8 February to mark International Day of Zero Tolerance to Female Genital Mutilation (FGM).

Activities from 10am to 2.30pm include poetry, advice sessions and a celebration of the achievements of volunteer FGM community champions. To book a place, email newhamfgmsupport@manorgardenscentre.org or call **020 3384 9413**.

Ward panel meets

The next meeting of police and residents on the Beckton Ward Panel takes place on 1 February from 7 to 9pm to discuss matters of crime and anti-social behaviour in the area. Spaces are limited. Email bgoodf.wardpanel@gmail.com for the location.

3000 tonnes of salt available to beat cold

Mayor's view

Standing up for our schools

It's fantastic news that Newham's 11-year-olds are making the best progress in the country in terms of writing, and are in the top ten nationally across a range of Government indicators that measure their performance during primary school.

Their Key Stage 2 results demonstrate how well our schools are doing in delivering improvements in education. I congratulate all the head teachers, staff and pupils for their continued hard work.

"Newham will continue to support all our schools to help them improve standards even further."

Newham will continue to support all our schools to help them improve standards even further. That will involve standing up to proposed Government funding cuts to school budgets that could jeopardise the futures of our young people.

A number of local authorities from affluent areas have been campaigning for many years for a new National Funding Formula (NFF) that would cut support to deprived areas like Newham. Their plans would have seen our schools lose more than £30million.

In November I led a group of 23 local authorities in writing to the Prime Minister

demanding that no school in a deprived area be worse off as a result of the new formula. We also called for pupil mobility to be included in recognition of the high turnover of students in our schools. For example, 17 per cent of Newham students who sat GCSEs last year did not sit examinations here at Key Stage 2. Evidence shows mobility costs London schools £35million per year and hold back attainment.

The Government have now published their plans in full, and heeded our call to add a pupil mobility factor. While total

cuts are lower than we feared, Newham schools are still set to lose about £8 million if the final formula is fully implemented. Most of our schools will lose 1.4 per cent of their funding in the first year, rising ultimately to about three per cent.

These cuts are wrong and risk setting back the tremendous achievements of our pupils, parents and schools. Education enables children in Newham to achieve their aspirations. That's why we will continue to stand up and fight against this unjustifiable formula on behalf of our children and our school leaders.



Government cuts could jeopardise our children's futures



Tragedy that is not forgotten

One hundred years ago Silvertown was a major industrial hub – a place of hard work and invention. It was said at the turn of the century that every household in the country had at least one product that came from Silvertown.

"We will never forget our history, or the tragic event that occurred there 100 years ago."

Thousands of homes were clustered together around the factories and the docks, but it was much more than just a place to live and work – it was a community. Tragically, 100 years ago at 6.52pm on 19 January, that community was torn apart by one of the largest explosions ever seen in the UK when a factory manufacturing TNT for the war effort exploded. The blast killed 73, injured hundreds more, and damaged more than 60,000 buildings and homes.

In March 2014, I was privileged to meet one of the survivors of that blast to wish him a happy 100th birthday. On my visit, Reg Batten was bedbound at home but still bright and articulate. He remembered when Ghandi came to Canning Town in 1931, but one of his earliest memories was the Silvertown explosion.



It is vital that we remember

Reg was a small child, and the blast blew him right off the table he was sitting on at his grandmother's home in Custom House – throwing him hard against a gas oven. He received injuries to his head, which he said "swelled to the size of a pumpkin".

Reg has sadly since passed away, but his memories of the explosion are well known to his family. It is one of many stories survivors have shared with their descendants. In all accounts about the

explosion, you cannot help but be moved by the bravery and community spirit of the people of Silvertown.

That community spirit is still vital as we stand on the cusp of a bright new future for the area. The multi-billion pound regeneration projects under way there and across the Royal Docks will bring new homes, new businesses, and new opportunities to the area. But we will never forget our history, or the tragic event that occurred there 100 years ago.

Plaque commemorates visionary engineer

As part of an ongoing programme to celebrate Newham's heritage and links with the past Newham Council unveiled a blue plaque at the former home of the engineer who made the D-Day landings of 1944 possible.

Major Allan Beckett MBE, designed floating roadways which connected the Mulberry Harbours to help with the rapid unloading of cargo on to the beaches of Normandy during the D-Day landings in June 1944.

They were hailed as Britain's "wonder for warfare" and played a central role in the success of the Allied invasion.

"He was a visionary in his field and it is right we honour his achievements with a lasting memorial in the form of a blue plaque."

Major Beckett developed the plans for the floating bridges which were tested for severe weather in Scotland.

After leaving the Army, Mr Beckett continued to work as a civil engineer, and designed and advised on major port developments and flood protection projects throughout the world. He also carried out design work on the Thames Barrier.

After retiring in 1989 he continued to work as a freelance consultant for his son

Tim's firm, until his eighties. He married his wife Ida in 1949 with whom he had two sons and a daughter. He died in 2005 aged 91.

Major Beckett was awarded the MBE in 1949 for his essential wartime work. He lived in Montpelier Gardens, East Ham, until the family were bombed out in 1941. He went to Central Park School and East Ham Grammar before attending London University where he graduated with honours in engineering.

A special ceremony was held to unveil the plaque at the house in Montpelier Gardens where Mr Beckett and his family used to live. Blue plaques are placed at sites to highlight historical links with people. In addition to the plaques, as part of its heritage programme, Newham Council is also replacing road signs with significant links to the borough's history.

The current resident of the property, had no idea of the history of its former occupants. Carol Miller said: "I have lived here for 19 years and didn't know the story of Major Beckett. It makes me immensely proud and I am honoured to have been asked to have a blue plaque on the house."

The event was attended by Councillor Ken Clark, Cabinet member for building communities, public affairs, regeneration

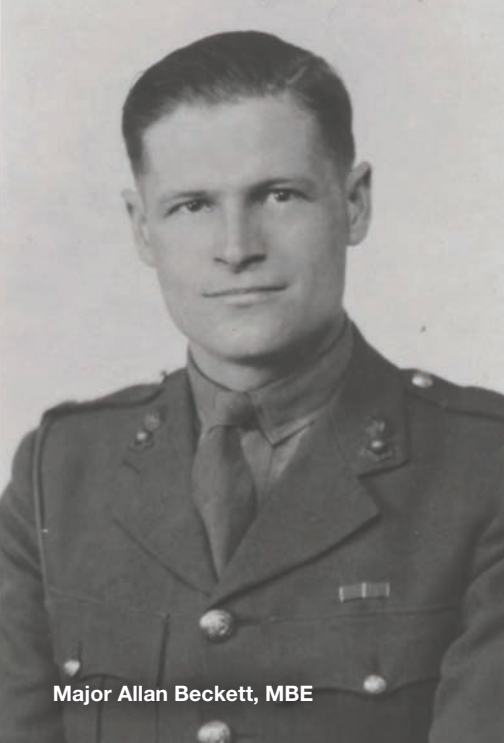
and planning; Councillors Bryan Collier and Forhad Hussain; Mr Beckett's widow Ida Beckett and other members of his family and representatives from the Royal Engineers.

"I am very grateful to the London Borough of Newham for honouring the memory of my husband with this impressive plaque."

Councillor Clark said: "Allan Beckett's historic and ingenious designs for the floating roadways made the D-Day landings possible, ultimately helping lead to the beginning of the end of the war.

"He was a visionary in his field and it is right we honour his achievements with a lasting memorial in the form of a blue plaque."

Ida Beckett, said: "I am very grateful to the London Borough of Newham for honouring the memory of my husband with this impressive plaque. My husband had many happy memories of his childhood growing up in Montpelier Gardens and he enjoyed living in the lively community of East Ham before the Second World War."



Major Allan Beckett, MBE



Extended family members were joined for the plaque unveiling by council representatives at the former home of the Becketts



The plaque honours Major Beckett



Major Beckett's widow Ida Beckett (left) with Carol Miller



Relatives of Major Beckett joined representatives from Newham Council, the Army and Police for unveiling the plaque



The Beckett family in 1918 with Allan in the centre

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Newham Leisure Centre, 281 Prince Regent Lane, Plaistow E13 8SD

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ROYAL DOCKS TRUST FUNDING FOR COMMUNITY PROJECTS 2017/2018



The Royal Docks Trust invites voluntary and community organisations, which serve the Docklands area of Newham (south of the A13 Newham Way), to apply for funding.

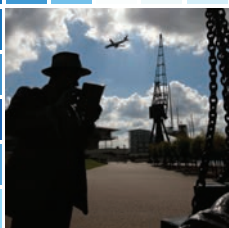
Priority will be given to projects that:

- contribute to the growth of personal, community and economic resilience in the area of benefit
- enable the community and voluntary sector to provide services contributing directly to the regeneration of the area and access to jobs
- include youth work and cultural, sports and leisure activities for children and young people
- benefit older people and/or disabled people and present sustainable opportunities to improve quality of life
- demonstrate value for money
- maximise long term benefits for local residents

**For further information and an
application pack, please
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020 7277 8667 or email:
John.d.johnson@btinternet.com**

www.royaldockstrust.org.uk

**Closing date for
applications:
5pm on Tuesday 28th
February 2017**



Local hero: “I was just doing my duty”

Newham's borough police commander has paid tribute to Patrick Tucker after his quick thinking led to firearms being found at a property in Beckton.

Mr Tucker was driving in Canning Town in September last year, when he spotted a teenager with what looked like the butt of a rifle showing from beneath his jacket.

Fearing that the youth intended to cause harm, Mr Tucker, who keeps the area's streets clean, called the police while keeping an eye on him, even when he got into a taxi.

Mr Tucker's determination not to let the suspect out of his sight allowed police to recover a sub-machine gun and a self loading pistol at premises in Beckton.

Mr Tucker, who works for Public Realm Services, one of Newham Council's new external businesses, has received a commendation for bravery and tenacity for his actions from Newham Police

Borough Commander Tony Nash.

Mr Tucker said: “When I saw him, he looked a bit suspicious and when I got a bit closer... I saw something hanging out at the side and it looked like the butt of a gun. I went round again to have another look and I thought: It must be a gun. That was when I called the police.

“I just did what you should do. It was my public duty.”

“There is a junior school nearby and a senior school too. I was watching him and trying to figure out what was going on in his mind.

“I thought he was going to go to one

of the schools and do something. That was my main concern, protecting the children, the teachers and the people, because this is my area. I have grown up in Newham and I have children here so if anything had happened and I didn't do anything about it, I couldn't have lived with myself.”

It was only a few days later that he realised what could have happened. Patrick said: “I did not do anything heroic, I just did what you should do. It was my public duty.”



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Legacy promise delivers free tickets

When Newham Council invested a £40million repayable loan for the transformation of the former Olympic Stadium it was on the understanding that our residents would reap the benefits of the legacy of the 2012 Games.

Mayor Sir Robin Wales is committed to ensuring that our residents, particularly our young people, get access to world class events for free. As part of that commitment he has launched a free ticket offer for the borough's schools to see the World Para Athletics Championships at the London Stadium this summer.

"I want to make sure there is a real lasting legacy that benefits local people."

The offer of free tickets is part of the council's goal to inspire young people to get involved in sport and get active and was launched at Shaftesbury Primary School in Shaftesbury Road, Forest Gate, by the

Mayor with Paralympian Ade Adepitan.

The World Para Athletics Championships will take place at the London Stadium from 14-23 July. We have secured a free ticket offer for Newham's schools to inspire them and motivate them to become more involved in sport. It includes:

- > **Free tickets across five gold medal sessions**
- > **A dedicated volunteer host who will meet and greet the group on arrival**
- > **Free travel for pupils on Transport for London services**

The Mayor said: "We were all inspired when the Olympics and Paralympics came to Stratford in 2012. But for me, it was always about much more than just a one off event. I want to make

sure there is a real lasting legacy that benefits local people.

"I am delighted that we will be hosting the World Para Athletics Championships this summer – it is what we promised would be one of the legacies of the 2012 Olympic and Paralympic Games."

Schools can apply

Schools can apply for tickets from now until 8.17pm on 10 February by visiting www.london2017athletics.com/newhamschools

Allocations will be confirmed in March.

.....
Ticket offers for Newham residents to see the World Para Athletics Championships will also soon be available.
.....



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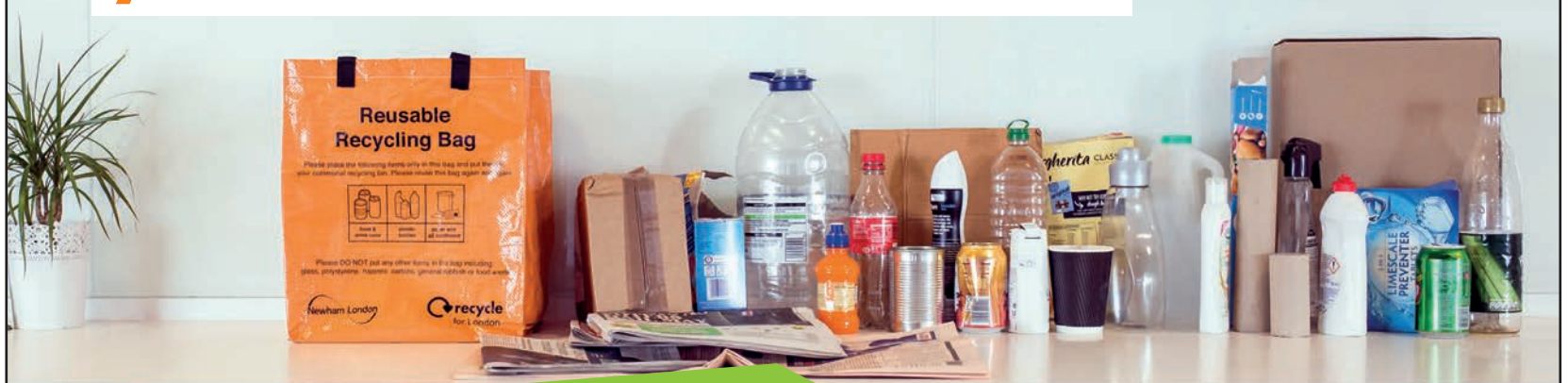
Workplace.EngagementTeam@newham.gov.uk

Workplace, Boardman House, 64 Broadway, Stratford E15 1NT

Mayor of
Newham

Newham London

Please make recycling your New Year's resolution



Keep Newham Clean

www.newham.gov.uk/recycling

They don't get away with it

Tackling any kind of anti-social behaviour is a priority for Newham Council and we are working hard to ensure that our streets are clean and safe.

Part of our New Deal for residents is taking action against those who engage in anti-social behaviour.

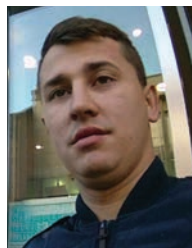
We will not hesitate to prosecute those responsible for dirtying our borough. If you are fly-tipping, urinating in the streets or abandoning vehicles, we will catch you.

Last month, 20 people were prosecuted for fly-tipping, abandoning vehicles, Blue Badge abuse, urinating in the street, spitting and littering. Three fly-tippers were each hit with fines and costs ranging from £1,030 to £2,320; those who abandoned vehicles were told to pay £876 to £926.

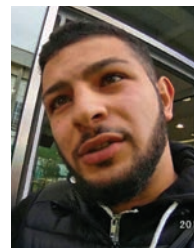
Two people who misused Blue Badges had to pay £400 each and the person who urinated in public was hit with a fine and costs of £110; one was told to pay £400 for spitting; three who dropped litter were £400 worse off.

The photographs on this page show people we want to question about anti-social behaviour offences. If you recognise anyone, please call **020 3373 4479** and quote the reference number beside the image.

To the people pictured here, our message is simple – we will use every power at our disposal to track you down and prosecute, including publishing a photograph of you if we need to establish your identity. Contact us now and maybe you will be able to avoid prosecution.



Ref: 90054755



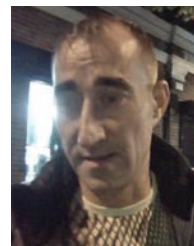
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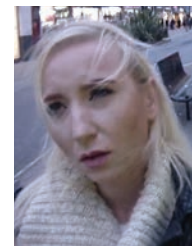
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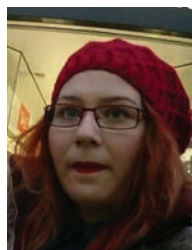
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Ref: 90035508



Ref: 90035597



Ref: 90054757



Ensuring your anonymity

Newham Council is committed to tackling crime and anti-social behaviour in partnership with the police and other agencies. If you provide information regarding identities:

- you will not be required to provide your name
- you will not be required to leave your contact details
- you will not have to make a statement.

Don't put up with rubbish. Don't drop it and if you see it, report it. To get it cleared up, report it online at www.newham.gov.uk/MyNewham or download the Love Newham app by visiting www.newham.gov.uk/lovenewham

Call 020 3373 4479 and quote the reference number underneath the image.

CAUGHT ON CAMERA

SILENCE FOR THOSE WHO PERISHED IN WARTIME BLAST

RELATIVES OF THOSE WHO DIED IN THE SILVERTOWN EXPLOSION OF 1917 JOINED MAYOR SIR ROBIN WALES, COUNCILLORS AND OTHER GUESTS AS THEY OBSERVED A TWO-MINUTE SILENCE TO MARK THE 100TH ANNIVERSARY OF THE TRAGEDY.

Sir Robin was joined by relatives of the victims, local councillors and other invited guests to commemorate 100 years to the day since the event took place. Sir Hugo Brunner, the great-grandson of the chairman of the company who owned the munitions factory, also attended.

The Brunner, Mond & Co factory in Silvertown was refining TNT to support the war effort when a fire broke out in the melt-pot room. The flames spread and ignited around 50 tonnes of explosives waiting to be transported.

The blast was so big it destroyed a large part of Silvertown. Part of the factory and several nearby streets were instantly destroyed and molten metal was showered over several miles.

At the time, the government tried to play down the disaster. This was partly because they did not want people to panic and also because they did not want the enemy to know about the development of weapons. A government enquiry concluded the explosion was the result of an accident not sabotage.

The site of the explosion is now a public park within the Royal Wharf development, containing a memorial to the event.

Speeches were made by Sir Robin, Sir Hugo and historian Dr Malcolm Graham. At 6.52pm a two-minute silence was observed to remember those who lost their lives as a result of the blast.

“We will never forget the tragic event that occurred here 100 years ago”

People also laid flowers at the memorial stone. The event was organised and hosted by the Royal Wharf developers Ballymore and Oxley, in partnership with Newham Council and Sir Hugo.

Sir Robin said: “The Silvertown of a century ago was a major industrial hub, a place of hard work and invention. But the area was much more than just a place of work, it was a community. “Tragically that community was torn apart by one of the largest explosions ever seen in the UK.

“The regeneration projects under way across the Royal Docks are giving the area a new lease of life that will benefit Newham and London as a whole. But we will never forget the

tragic event that occurred here 100 years ago.”

Sir Hugo said: “The Brunners and Monds, whose family business operated the factory, are very pleased to be associated with this act of remembrance to honour those who suffered in the explosion and their families.

“I am speaking as the person who proposed that the centenary of the Silvertown explosion should be marked here at the memorial to it.

“When our ancestors, John Brunner and Ludwig Mond, founded a chemical business in Cheshire in 1873 our families became very close, even for a time sharing a house. But we have not seen much of each other since the 1920s. So to be reunited with them this evening is a special pleasure for our family.”

An exhibition on the explosion will be featured at some of the borough's libraries on the following dates:

23 Jan – 3 Feb, Beckton Library
6 Feb – 17 Feb, East Ham Library
20 Feb – 3 Mar, Canning Town Library
6 Mar – 17 Mar, Forest Gate Library
20 Mar – 31 Mar, Stratford Library



Alastair Rabagliati,
Jonathan Rabagliati,
Matthew Rabagliati,
relatives of Dr Andrea
Angel the chief chemist



Sheila Hart Simpson, who lost
two aunts in the explosion



The aftermath of the explosion



Sir Robin Wales



Sir Hugo Brunner, great-grandson of the
chairman of the company



Ernest Brunner,
Sir Hugo's grandson

Chair

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Local Space delivers affordable and quality social housing in East London and the surrounding area. We work in partnership with local authorities and our recently agreed ambitious growth strategy with Newham will see us provide 800+ more homes from a mix of new build development and off the shelf purchases.

We are now seeking a Chair to build on our ambitions and achievements, balance our social and commercial objectives and demonstrate the courage and commitment to navigate confidently through new territories for Local Space.

Our new Chair will have strong strategic leadership and partnering skills with the ability to analyse complex information and influence effectively at all levels. A portfolio of high-level governance, commercial and financial skills will be supported by an engaging personal style that facilitates collaboration with stakeholders supporting your role as an ambassador for Local Space.

For further information, please visit the site of our retained advisor, Altair Ltd: www.altairtd.co.uk/job/lchair, where you will find the Briefing Papers. If, after reading the papers, you would like an informal and confidential discussion about this position, please contact our retained advisor at Altair Ltd:

- Hilary Channing | Director Altair | 07718 627740 or email: hilary.channing@altairtd.co.uk
- Toby Lebeter | Business Analyst | 020 7934 0175 (office) or email: toby.lebeter@altairtd.co.uk

The closing date for applications is **12 noon on Tuesday 31 January 2017**.
The reference for the role is **ALT173**.



Providing services to the community since 1973
manorgardens
for health and wellbeing

London Borough of Newham
**STRATFORD
& WEST HAM**
COMMUNITY NEIGHBOURHOOD



FREE

Zero Tolerance for FGM

Wednesday 8 February, 10am-2.30pm
Stratford Library, 3 The Grove, E15 1EL

Join us to mark the International Day for Zero Tolerance to Female Genital Mutilation (FGM).

Activities will include poetry, updates from experts in the field and a celebration of the achievements of volunteer FGM Community Champions.

Free refreshments and a light lunch will be served.

Booking is essential. To book your place, call **020 3384 9413** or email newhamfgmsupport@manorgardenscentre.org



NUC
newham college university centre

APPLY NOW
FOR FEBRUARY & SEPTEMBER

**UNDERGRADUATE DEGREES
BA/BSC (HONS)**

- Business and Management
- Counselling Studies (CBT and Integrative)
- Psychology (BPS Accredited)
- Child and Adolescent Psychology (BPS Accredited)
- Combined Studies (Two from the following):
 - Business and Management
 - Counselling Studies
 - Education Studies
 - English
 - Sociology
 - Politics
 - Psychology

HNC/HND

- Business
- Health and Social Care
- Fashion

TEACHING COURSES

- Diploma in Education and Training/PGCE (£2,700 per year)
- Teaching English to speakers of other languages (CELTA) (£1,400)

**Stratford Campus, Welfare
Road, London E15 4HT**

Call: 020 8257 4446

Email: nuc@newham.ac.uk
www.newham.ac.uk/nuc



All information correct at time of publication.

Newham London



**Warm
and Healthy
Homes Fund**

**Hurry
- offer
ends
soon**

**Free boiler replacement for residents
with a long-term health condition.**

For more info:

Email: elizabeth.ogunleye@newham.gov.uk

Call: **020 3373 1430**

Limited offer,
restrictions apply.



No room for rogue landlords

Since January 2013, landlords of all privately rented properties in Newham have been required to have a property licence. Failure to apply for a licence may result in prosecution and a substantial fine.

The council uses private rented property licensing to ensure that all privately rented properties are well managed. Many landlords do this already, but a small minority neglect their management responsibilities.

Newham Council has processed almost 43,000 applications for licences and carried out more than 1,000 prosecutions against landlords. The latest was against Olanrewaju Sharomi, 49, who was convicted in December at Sharnbrook Crown Court of harassing a mother and her two children, aged six and ten, at the property they rented from her in Dennison Point, Gibbins Road, Stratford.

The court heard she visited the victim, sometimes twice a day, demanding that she leave the property. She also forced her way into the flat and left the tenant and her children without electricity.

Sharomi, from Dagenham, was ordered to complete 175 hours of community service on 13 January. She also faces a financial penalty.

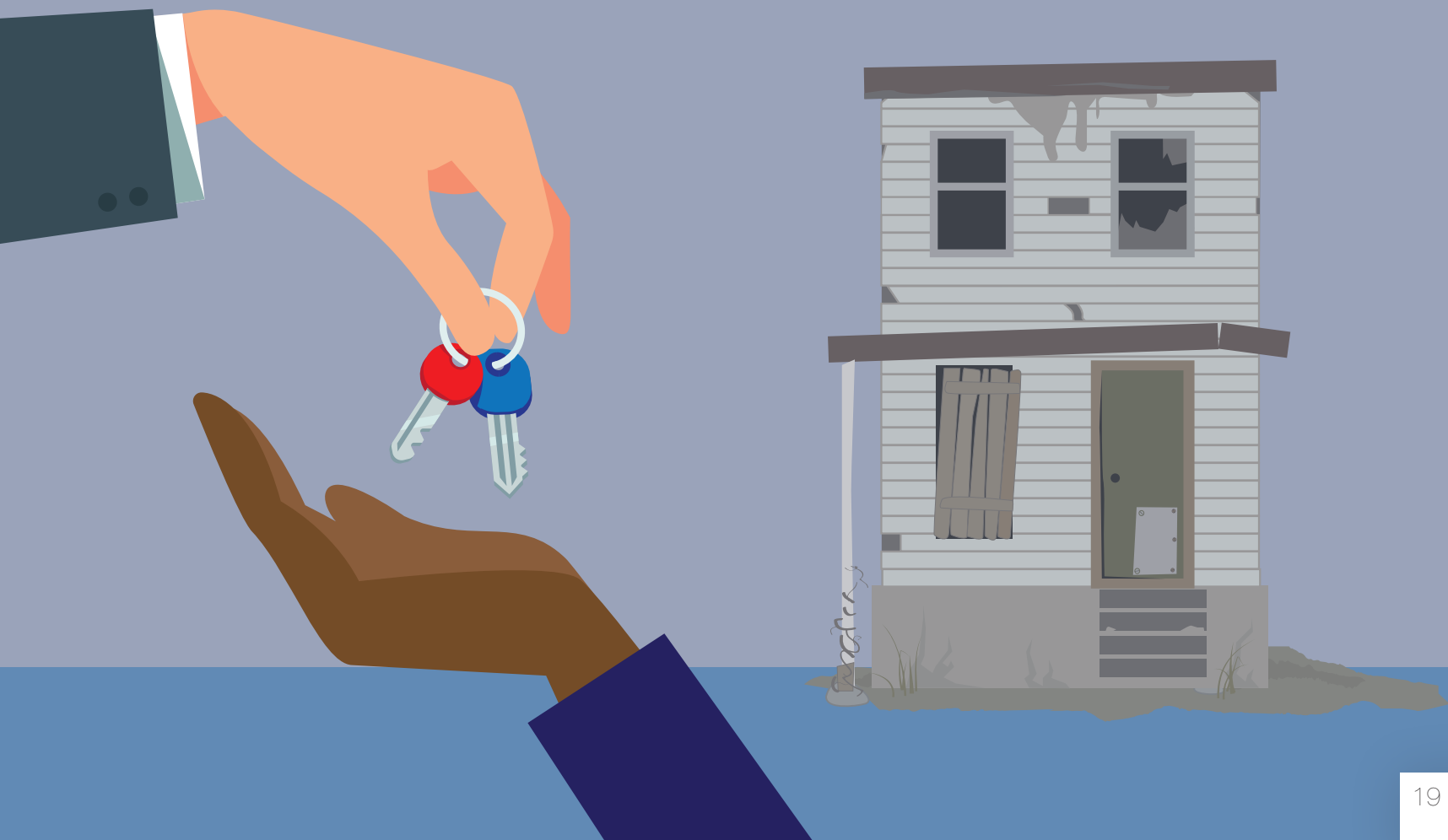
"You will not be allowed to exploit our residents and prosper."

It was the second time the council's private housing team prosecuted registered childminder Sharomi, a former board member of the Carpenters Estate Tenant Management Organisation. She was convicted in December 2015 of failing to license the leasehold flat in Dennison Point and of supplying false information to the council. She claimed she lived at the flat, but her childcare business was registered at the Dagenham

address. She was fined £13,000.

Councillor Andrew Baikie, mayoral adviser for housing, said: "Sharomi is exactly the sort of person our property licensing scheme is designed to drive out of the borough. Her convictions are a clear message to other landlords – you will not be allowed to exploit our residents and prosper."

You can find out if a property is licensed on the council's property licensing register. If you suspect a private rented property in the borough is unlicensed, you can tell us. All reports are dealt with confidentially. You can also apply for a licence. Visit www.newham.gov.uk/propertylicensing





Bringing people together

Newham Council's programme of free events bring the whole community together, helping residents share experiences and make new friends.

In 2016 more than 50,000 people enjoyed the Mayor's Newham Show in East Ham; 3,000 took part in the Mayor's Newham Carnival; 40,000 attended the four-night Under the Stars music extravaganza in East Ham; and 35,000 watched the Guy Fawkes night fireworks in Forest Gate.

More than 500 events on average are also run and supported every week by our eight community neighbourhood teams working with residents, community organisations, businesses, voluntary and faith groups. These fun initiatives offer you the chance to find out how you

can get more involved where you live and get information about accessing council services.

Mayor Sir Robin Wales said: "We are committed to offering free events for residents because we believe they help people come together and create community cohesion. They also offer people an opportunity to enjoy things they might not normally have access to or be able to afford. I know from talking to people who attend them just how inspiring they are because they help broaden horizons. There is a lot happening this year."

Newham's free events programme for 2017 includes:

Great Newham London Run/Family Run – Sunday 2 July, London Stadium, Queen Elizabeth Olympic Park, E20

Mayor's Newham Show and Carnival – Saturday 8 July and Sunday 9 July, Central Park, East Ham, E6

Under the Stars – Thursday 17 August to Sunday 20 August, Central Park, East Ham, E6

Guy Fawkes Night – Sunday 5 November, Wanstead Flats, Forest Gate, E7

You can find out about events in your community neighbourhood by downloading the free What's On app by visiting

www.newham.gov.uk/communityevents

Service to the borough is a lesson for all



In May last year Newham Council awarded Freedom of the Borough to ten individuals and one organisation for their significant contribution to Newham life past and present. Four of them also received the title of alderman or alderwoman. In December they formally accepted their freedom scrolls. The Newham Mag is highlighting all their stories, which includes that of Keith Hasler, whose contribution to education in the borough is top class.



When Newham was formed with the amalgamation of the county boroughs of East Ham and West Ham, residents elected councillors in May 1964 to meet as a shadow authority before taking over officially the following year. Keith was a councillor when the first official meeting of Newham Council took place on 1 April 1965.

Both his grandfathers were dockers and his father worked in a tailor's sweatshop. His family were trade unionists. A former pupil at Plaistow Grammar School, Keith went on to study at King's College London. He became a teacher and throughout his career Keith taught at four different secondary schools outside Newham.

He was elected in 1964 to represent

Park ward. He was re-elected in 1968 again in Park ward, and in 1971 and 1974 in Upton ward. He served 14 years in total, chairing the education committee for the final four years, at the time of the conversion to full comprehensive schools and a period of improvement in primary education.

Keith was also chair of governors at West Ham College of Technology, which was run and funded by the local authority, yet accepted as a school of the University of London and able to award internal degrees. The University of East London was formed as a conglomeration of the college and the colleges of Barking and Waltham Forest. Keith was heavily involved in negotiating that marriage.

Mayor Sir Robin Wales said: "Most importantly Keith was instrumental in persuading the Department of Education and Science that Newham should be regarded as inner London for the purposes of teachers' pay. It made a significant difference to Newham's ability to recruit teachers."



Keith and other recipients receiving the freedom of the borough

NASSA HAILED AS COMMUNITY CHAMPIONS

Staff members from the Newham All Star Sports Academy brought in a bumper crop of awards when three of them were recognised as community champions.

NASSA coach Chris Facey, player Tyrees Garrod and Anthony Okereafor, who created the Carry A Basketball Not A Blade (CABNAB)

campaign received the KeolisAmey Docklands Community Champion awards 2016.

The awards, which are in their second year, celebrate individuals and groups in the communities served by the Docklands Light Railway.

Tyrees was named Young Achiever of the Year for his stance against bullying, Chris was recognised as Role Model of the Year for his work in inspiring young people to embrace the positive virtues of basketball and Anthony picked up the Outstanding Service to the Community award for promoting the CABNAB initiative.



Award winners with Frank Bruno (centre)

Art installation captures area's history

Newham councillors Bryan Collier and Alan Griffiths joined schoolchildren, school staff and parents for the unveiling of a piece of artwork they created to capture the history of their area.

The art installation is cast into a unique block with brass and granite chips used for detailing and is located in a pocket park between Fife Road and Plymouth Road, Canning Town.

Local residents were also involved in the project and shared their memories and stories of the area, capturing the essence of the neighbourhood, both past and present. Their tales served as inspiration for a creative drawing workshop with 15 children aged between five and ten from Keir Hardie school, tasked with bringing the memories to life through their artwork.

The project was instigated by Newham Council working in conjunction with HTA Design LLP and Countryside Properties UK Ltd, who are building a 649-home regeneration development at East City Point and also funded the art installation.



Unveiling the artwork with help from students

Shoppers taught about sugar risks

A group of pharmacists spent a day at Westfield Stratford raising awareness among shoppers about the amount of sugar in their diet and their risk of developing diabetes.

Working with Diabetes UK, the Boots Pre-registration Pharmacists carried out free diabetes risk assessments on more than 150 shoppers, providing them with personalised interventions based on their calculated risk of developing the condition.

Pharmacist Zainab Patel said: "From the 150 people who participated in the event, the average risk score was 11.8 which means on average, participants had a one in ten chance of developing type 2 diabetes in the next ten years.

"This event highlights the importance of pharmacists in the community who are at the forefront of healthcare and are equipped with the skills and knowledge to play a role in preventing chronic illness which otherwise costs the NHS millions."



Pharmacists at their stand



Abdullah Bhaijee

STUDENT WRESTLES STUDIES WITH SPORT

St Bonaventure's Sixth Form student Abdullah Bhaijee went to school smiling with a silver medal that he had won at the 2016 British Championships in Bolton.

The sixteen-year-old Olympic Freestyle Wrestler from Forest Gate is currently studying for A-Levels in biology, chemistry, psychology and geography but it was his strength and determination on the mat that enabled him to win silver in the 67 kilos category. Freestyle Wrestling has been an Olympic Sport since 1904.

Abdullah, who is in Year 12, trains at Legion Wrestling in Leyton where he is also accomplished in Brazilian Ju Jitsu. He said: "I have been wrestling since I was eight and I fell in love with the sport. My coach is fantastic and has always encouraged me to do my best. I have a passion for the sport and now coach youngsters aged four to 16 which I'm really enjoying. Winning silver has really encouraged me to keep going."

Volunteers go wild with new project

Volunteers have begun the New Year by getting outdoors, meeting new people and giving back to their community as part of a new project at West Ham Park and Wanstead Flats.

The Wild East project connects the local community with the fascinating wildlife and history of both green spaces. Using a fleet of tricycles, "Wild East Welcomers" talk to visitors at weekends and lead activities to explore the hidden and remarkable stories of the spaces, including 'The last skylarks in London' and 'East London's toughest bird'.

Cameron Bustos, Newham resident and volunteer, said: "Volunteering has certainly allowed me to feel more part of and connect with my local community.

"I now have a greater understanding of the history and wildlife of the park and I am glad that I can share this with visitors, especially through the activities for little ones."

Anyone interested in volunteering can call Sean Dillon (020 8472 3584) or Julia Makin (020 7332 1274) or find out more at www.cityoflondon.gov.uk/thingstodo/greenspaces



Kids' Corner



PLEASE SEND OR EMAIL YOUR DRAWINGS, JOKES AND POEMS TO:
**KIDS' CORNER, WEST WING
4TH FLOOR, NEWHAM DOCKSIDE
1000 DOCKSIDE ROAD, LONDON E16 2QU
or newham.mag@newham.gov.uk**

Don't forget to add your full name, age, address and contact number with your entry. We cannot return any entries.

GALLERY



Zoe Bukowska, 6



Hishaam Ahmad, 8



Nithu Vairavasuntharam, 8



Bansi Kinjal Kunwardia, 8

Tickets to Stratford Picturehouse

This issue's winner receives a free family ticket at Stratford Picturehouse, which includes a kid's popcorn and drink.

To be in with a chance of winning this prize send or email your pictures, jokes and poems to **Kids' Corner, West Wing, Fourth Floor, Newham Dockside, 1000 Dockside Road, London E16 2QU** or **newham.mag@newham.gov.uk**. Don't forget to write your full name, age, address and contact telephone number with your entry. **Good luck!** Visit **www.picturehouses.co.uk** to see what's on.



Colour-me-in Wordfit

Poem

HOSPITAL!

The food is boring
Every night I hear people
snoring
I hear people talking
People walking
OMG!
It's really annoying!
Great Ormond Street Hospital
Compared to it I'm really
small
The doctors and nurses are
very kind
but when it comes to staying
behind
after being told you were
going home tonight your
temper becomes very high
Having a blood test
Is not my best
Because my veins don't show
I want to go
But the nurse says NO!

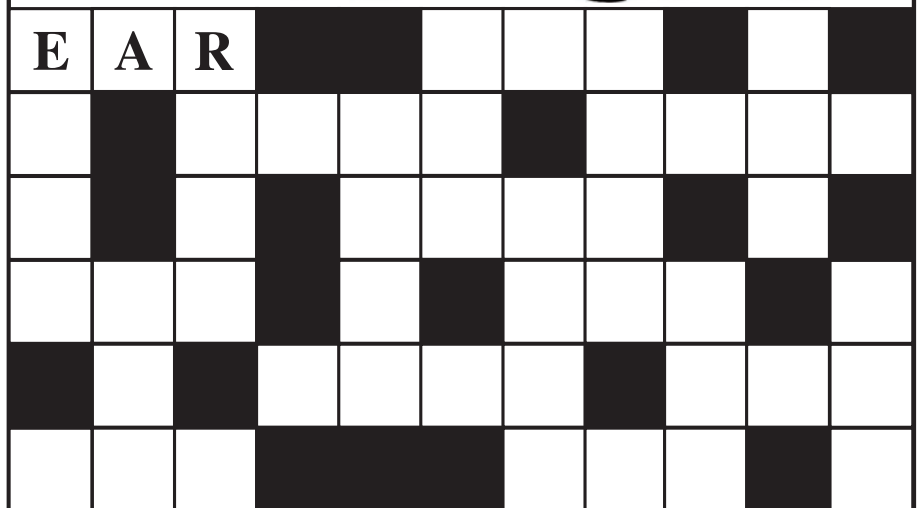
Brooklyn Singh, 10

3 letters

AFT
DIG
LEG
MAN
NUN
REV
RUG
STY
TAN
USE
YAK

4 letters

ASIA
ATOM
COMA
ESPY
GALA
HALO
ONCE
OVAL
ROOK



WHAT'S ON?

Download our What's On app at www.newham.gov.uk/neighbourhoodevents

OUR THRILLING THREE...

1

Flamenco Dancing – Join us for free flamenco dancing sessions suitable for all ages. Every Friday from 5.30-6.30pm at East Ham Library, 328 Barking Road, E6.

2

Free Prepare Robo Workshops – Using creativity and imagination children will construct working machines. Eight-week workshop commencing on 7 February. Booking is essential. Tuesdays, 4.30-6.30pm, Stratford Library, The Grove, Stratford, E15.

3

Pampering Workshop For Adults – Free sessions for adults to enjoy learning about skin care, nail art, and making your own products. Tuesdays, 6-7.30pm, East Ham Library, 328 Barking Road, E6.

EVERY CHILD A MUSICIAN KARAOKE CHOIR

Free chance for children aged five to 12 to join in and sing to favourite songs. Runs for five weeks on Mondays, from 6-7pm, Canning Town Library, Barking Road, E16.



TRY SOMETHING NEW... HEARTSTART LIFE SAVING SKILLS PROJECT

Courses from the British Heart Foundation to teach CPR and other basic life saving skills. Free to attend, two sessions of 1.5 hours, leading to a Heartstart certificate. Sessions will be held at NewVic College, Prince Regent Lane, Plaistow, from 5.15-6.45pm, on 31 January, 28 February, 7, 14 and 21 March, 25 April and 2 May.

To book your place or for more information, contact Jeyes Community Centre at 020 3373 2205 or email CN.Plaistow@newham.gov.uk



Indicates free sessions

Libraries unless stated.

UNDER-FIVES

Toy Library

Introducing toddlers to borrowing toys. *Thurs, 11am-12pm, Beckton*

Storytelling

Mon, 11-11.45am, Tues, 10.30-11.30am, Beckton; Tues, 10.45-11.30am, Canning Town; Tues, 10.30-11.30am; Thurs, 10-10.30am, East Ham; Tues, 11am-12pm, Fri, 11am-12pm, Stratford; Fri, 10.30-11.30am, Manor Park; Tues, 10.30-11.30am, The Gate; Sat, 11.30am-12.30pm, Green St

Stay and Play

Support for parents and carers to develop their child through play. *Tues, 9.30-11.30am, Jeyes C.C.; Fri, 2-3pm, Sat, 12-1pm, Green St; Weds, 10am-12pm, Thurs, 9.30-11.30am, Stratford; Thurs, 1.30-3.30pm, Jack Cornwell C.C.*

Jiggaree Session

Fri, 10-11am, Jeyes C.C.

Reading Together

Thurs, 2.30-3pm, Custom House

Bumps and Babies

Fri, 2-4pm, The Gate

Move It To Music

Interactive session for children, parents and carers to dance to get active with music and dance. *Mon, 1.30-2.30pm, Stratford*

Baby Massage

Five-week course. Register at Rebecca Cheetham Children's Centre on 020 8534 3136 *Weds, 1-2pm, Stratford*

Toddler and Parent Dance

For carers and children under six to dance to cartoons and videos. *Mon, 2.10-3pm, Fri, 3.30-4.20pm, Green St*

Music and Movement

For children and parents or carers to get active using different types

of dance and instruments. Tues, 9am-12pm, Plaistow

Sensory Storytelling

Second and fourth Fri of month, 1-2pm, Green St

Bumps and Bundles Group

Interactive session for parents and carers of babies under 18 months. Mon 10am-12pm, Stratford

YOUNG PEOPLE

Games Club (7-16yrs)

Sony PS3, XBox360, Nintendo Wii, board games and more. Tues, 3.30-5.30pm, Custom House; Weds, 3.30-5pm, The Gate; Thurs, 4-6pm, Canning Town

Young Readers Club (7-12yrs)

Read and discuss your favourite books. Tues, 4-5.15pm, North Woolwich

East Ham Youth Zone

Sony PS4, DJ decks and other activities. Tues, 4-7pm, East Ham

Froud Young Project

(7-16yrs) Mon, 3.30-5.30pm, Jack Cornwell C.C

Arts and Craft Workshop

(6-12yrs) Mon, 4-5pm, Beckton; Sat 2-3pm, Canning Town; Sat, 2.3pm, Custom House; Sat, 1-2pm, Tues, 4-5pm, Green St; Thurs, 6-7.30pm, Manor Park; Sat, 2-3pm, North Woolwich; Tues, 3.30-5pm, Plaistow

Just Dance! (up to 12yrs)

Sat, 5.30-6.30pm, Green St

Family Fun Night

Arts, crafts, games and quizzes. Weds, 5.30-7.30pm, East Ham

East Ham IT Youth Zone

Support in using IT for homework and fun. Mon, 4-7pm, East Ham

Family Movie Club

Sat, 4-5.30pm, Green St (up to 12yrs); Sat, 2-4pm, Plaistow; Sat, 5.30-7.30pm, East Ham

Board Games Club (7-13yrs)

Sat, 11am-12pm, North Woolwich; Fri, 5.30pm-6.30pm, Beckton

Young People's Positive Activities (9-19yrs)

Fri, 7-9pm, Harold Rd Centre

Time-2-Craft (16yrs+)

Various handicrafts. Sat, 10am-12pm, Stratford

Children's Movie Club

(5yrs+) Thurs, 4-7pm, North Woolwich; Sat, 4-6pm, Manor Park; Tues, Sat, 4.30-6.30pm, Beckton; Fri, 4-6pm, The Gate

Table Tennis Mondays

Meet new people and try your hand at table tennis. Mon, 4-7.30pm (children), The Gate

Lego Club

Create Lego models based on weekly themes, Sat, 3-4pm, The Gate.

Wii games and karaoke

For entire family, 3-13yrs, with parents. Weds, 3.30-5pm (Wii games)

Science Club

Carry out interactive experiments, watch demos and record results. Thurs, 4-5pm, The Gate

Gymnastics Classes

For boys and girls at Talent Central Cheer and Dance, Unit 27A, Gallions Reach Shopping Centre, E6. Tues and Thurs, Age 3+, 9.45-10.45am, 2pm-3pm; Weds, home school, 9.45-10.45am; Fri, mothers and babies, 10-10.45am. Call 0742 815 4301 to book.

Tae Kwando Club

Contact khanqublackbelt@yahoo.co.uk or call 07984 684 805 for more info. Fri, 6.45-7.45pm, Green St.

The Chill Spot (11-19yrs)

Exciting youth initiative to bridge gap in after school provision. Activities include table tennis, discussions, creative workshops. Mon, Weds, 3-6pm, Stratford.

Story Building Through Physical Exercise and Song

Sessions to develop your story building and performance skills. Sessions provided by Filament Theatre. Fridays until 24 Feb, 5.30-7.30pm, East Ham

ACTIVITIES AND SUPPORT

Afternoon Tea

Weds, 4-5.30pm, Canning Town

Chess Club

Tues, 3.45-5.15pm, Beckton; Mon, 5.30-7.30pm, and Thurs, 5.30-7.30pm, East Ham; Thurs, 5.30-7.30pm, Stratford; Tues, 1-2pm (adults), 5.30-7.30pm (children), The Gate; Thurs, 5-7pm, Custom House; Weds, 3.30-5pm, Jeyes C.C.; Weds, 5-7pm, Canning Town (age 7+)

Coffee Mornings

Tues, 11.30am-1pm, Beckton; Mon, 11am-12.30pm, North Woolwich; Thurs, 10.45am-12pm, Canning Town; Tues, 11am-12.30pm, Custom House; 2nd Tues of month, 10.30am-12pm, Manor Park; Fri, 11am-12pm, Green St

Do It Online (18yrs+)

Computer classes. Weds, 2-3.30pm, Beckton; Tues, 10am-12noon, East Ham; Weds, 2-4pm, Stratford; Tues, 2-3.30pm, North Woolwich; Thurs, 1.15-2.15pm, Custom House; Tues, Thurs, 11am-1pm, Green St; Weds, 10am-12pm, Plaistow

Knit & Natter (16yrs+)

Fri, 10.45am-12pm, Canning Town; Weds, 10.30am-12pm, Beckton; Tues, 10.30am-12.30pm, Manor Park; Fri, 10am-12pm, East Ham; Weds, 10.30am-12.30pm, Green St; Fri, 10am-12pm, Plaistow

ICT Surgery

IT advice for all ages.

Fri, 2-4pm, Canning Town

ICT Drop-in Session

Set up a My Newham profile and create an email account. Weds, 11-1pm, The Gate; Mon, Weds, Sat, 9.30-11am, Stratford

Life in the UK Classes

Support for people taking the life in the UK test and B1. Call 0208 542 3904. Tues, 10am-12pm,

Beckton; Fri, 12.30-2.30pm, Green St; Weds, 10am-12pm, East Ham; Tues, 12.30-2.30pm, Stratford; Weds, 12.30-2.30pm, Plaistow

ESOL for Beginners

For adults seeking to improve their English. Mon, Fri, 9.30am-11.30am, Field C.C.; Tues, 9.30-11.30am, Weds, 9.30-11.30am, Jack Cornwell C.C

Ballroom Dancing (18yrs+)

Tues, 2-3pm, Beckton C.C;

Citizens Advice Sessions

Sessions on money management. 1st Mon of month, 11am-1pm, Manor Park

Basic Computer Skills

Fri, 10.30am-12.30pm, Manor Park

My Newham Workshop

Register with My Newham and access council services.

Tues, 6-7.30pm, Manor Park; Mon, 11.30am-12.30pm,

English Conversation Club

Practise spoken English. Tues, 10.30-11.30am, Beckton; Mon, 6-7.30pm, Weds, 10.30-11.30am, Manor Park; Thurs, 3-4pm, Rabbits Rd Institute; Sat, 10am-12pm, Stratford; Mon, 10-11am, Jeyes C.C; Mon, 10-11am, Plaistow

Stratford London

Toastmasters Public speaking club. First and third Mon of month, 6-8pm, Stratford

Docklands Drop-In Group

Weds, 1-3pm, Beckton C.C.

Model Train Workshop

Mon, 12.30-3.30pm, North Woolwich

Basic English for Beginners

Tues, 12.30-2.30pm, Mon, 6-7.30pm, Green St

Poetry Group (16+)

Sat 11am-1pm, Stratford. Thurs, 6-7.30pm, Green St. Email sonesquin@hotmail.com

International Lunch Club

£3 per meal. Mon, 12pm, Beckton C.C

Dominoes

Sat, 2.30-7pm, Beckton

Conversation/debate

Class for ESOL Improve your spoken English with friendly beginners conversation and debate club. *Thurs, 6-7.30pm, Stratford.*

Memory Lane Café

For people with dementia and their carers. *First Fri of month, 1.30-3.30pm, Stratford; Last Thurs of month, 1-3pm, East Ham; 3rd Weds of month, 12-3pm, Jack Cornwell C.C*

Hatha Yoga (18yrs+) Bring your own mat. £3. *Fri, 10.45am-12.15pm, Jack Cornwell C.C*

Table Tennis Mondays *Mon, 11am-4pm, The Gate*

Board Games for Adults (18+) Carrom Board, chess and other board games for adults. *Thurs, 5.30-7.30pm, The Gate*

Time for Technology *Fri, 2-3.30pm, The Gate*

Step Forward with Casa Lusa Advice, information, guidance and 1-2-1 support, training and employment, health and wellbeing. *Mon – Weds, 10am- 2pm at Durning Hall, Forest Gate. Email: casalusa.london@gmail.com or call 07497945681*

Chair Based Exercise Group Open to all adults. Gentle stretches and exercises for all abilities. With qualified teachers. *Mon, 12.30-1.30pm, Green Street.*

Textile Arts Group with qualified teachers to learn and improve in embroidery, all ages. *Mon, 6-7.30pm, Green St*

Workplace Drop-Ins For residents seeking employment to discuss job vacancies, training etc. *Fri, 10.30am, Green Street; Mon 6 Feb, 2-5pm, Canning Town; Tues 31 Jan, 2-4pm, The*

Gate; Wed 8 Feb, 3-5pm, East Ham. For more details email: rehana.b@newham.gov.uk

Embroidery and Textile Club (16+) Learn new sewing skills or find new ways to make things using textiles. *Thurs, 10.30am-12.30pm, embroidery; Thurs, 6.30-7.30pm textiles, Manor Park.*

Book Club and Creative Writing Group (15+) Bestselling author of The Baby Ganesh Detective Agency Series, Vaseem Khan, hosts this event. *Tues, 6-7.30pm, Manor Park*

Creative Writing and Poetry Group (16+) *Weds, 6-7.30pm, East Ham*

An app a day Learn how to make the most of your devices. *Thurs, 6-7.30pm, East Ham. Mon, 6-7.30pm, Canning Town.*

COMMUNITY ACTIVITIES

Mums2be Meetup Information and support for expectant parents. *Third Sat of every month, 10-11am. Email newham@nct.org.uk*

Mums, Bumps and Babies *Fri in various cafes around Newham. Visit www.netmums.com or email jojostevie@live.com*

Newham Super Choir *Tues, 10.30am-12pm, Beckton C.C*

ManorFam Brings families together to make friends. *Mon, 10.30am-12.30pm, Manor Park*

Singing for Health *Tues, 2pm, Jack Cornwell C. C*

BOXING AND SELF DEFENCE

Boxing (Newham College) *Mon, 5-6pm, East Ham College, High St South, E6*
Fight For Peace Boxing

Mon to Fri, 4-5pm 10-14yrs; Mon to Fri, 5-9pm, 14+yrs Woodman St, North Woolwich, E16. Call 020 7474 0054

Boxing and Self Defence *Tues, 5-6pm (16+), 4-5pm (6-11yrs), Jack Cornwell C.C*

West Ham Boys ABC *Mon, Weds, Fri, mixed (8-16yrs), 5-6pm, Sat, boys (6-11yrs), 10-11am, girls (7-16yrs), 11am-12pm, £2. 2 London Rd, E13. Call 020 8472 3614*

Martial Arts (7-12yrs) *£2. Tues, 6.45-7.45pm, Thurs 4.45-5.45pm, Beckton*

Martial Arts Learn new skills, self defence. Adults, £3. *Thurs, 6-7pm, Beckton Globe; Sat, 2-4pm, Beckton C.C.*

Self Defence/Martial Arts Learn new skills with our, fun, mixed martial arts classes. Open to all ages and abilities and teach you discipline and self-defence techniques. *Fri, 6.45-7.45pm, Stratford*

HEALTH AND FITNESS

Salsa Dancing (18yrs+) *Mon, 3.15-4.45pm, Beckton C.C; Tues, 11.45am-12.45pm, Field C.C*

Nordic Walking *Weds, 9.15-10.30am. Meet at Field C.C. Not suitable for wheelchairs.*

Tai Chi Class *Fri, 10-11am, Beckton C.C. Fri, 11am-12pm, The Gate. Fri, 5-6pm, Beckton Globe; Fri, 11am-12pm, Forest Gate; Thurs, 6-7pm, East Ham*

Yoga *£5. Thurs, 6.30-7.30am, Grassroots; Free. Mon, 6-7.30pm, Beckton; £1. Weds, 6-7.30pm, East Ham; Sat, 10am-12pm, Plaistow; Mon, Tues, 6-7.30pm, Green St; Thurs, 6.15-7.45pm, The Gate; Tues, 1.30-3pm, Stratford*

Tone-Tastic (18+yrs) *Mon, 2-3pm, Weds, 9.30-10.30am, Field C.C*

Aerobics *Tues, 9.30-10.30am, Jack Cornwell C.C £2*

Keep Fit to Salsa (18+) *Sat, 2.30-5pm, The Gate*

Walking Group Meet at the library. *Sat, 10am-11am, Plaistow*

Stroke Club (18+) For men and women living with the effects of stroke. *Weds, 2-5pm, Katherine Road C.C; Fri, 1.30-3.30pm, Jack Cornwell C.C.*

Relaxation & Yoga *Weds, 1.30pm-2.45pm, Well Community Centre, Vicarage Lane, East Ham.*

Zumba classes *London Tamil Sangam Centre, 369 High St North. Thurs, 7-8pm, £5 per class. Call 07720 805505*

Tai Chi in the park (18+ yrs) Chance to get out and get fit. Meet at Magpie Lodge (corner of Forest Lane and Magpie Close). *Mon, 11am-12pm, Forest Lane Park, Forest Lane, E7*

Mixed Ability Dance Group Learn new dance jam moves and make new friends in our monthly group, open to all abilities. *Weds, 5.30-7.30pm, Stratford.*

50+ ACTIVITIES

Bingo (50+yrs) *Mon, 1-2pm, Beckton C.C; Mon, 12-4pm, Jeyes C.C; Thurs, 7-9pm, Jack Cornwell C.C*

ICCAN Faith based group with cultural activities. *Fri, 12-2pm, Jeyes C.C*

Active Centre 50+ Group *Weds, 12-4pm, Field C.C; Mon, Weds, Fri, 1.30-4pm, Beckton C.C.*

Dominoes Group *Fri, 5-9pm, Field C.C*

Chair Based Yoga

Tues, 12.30-1.30pm, Manor Park

Forever Young

Enjoy community activities and make new friends. *Weds, 11am-1pm, Beckton; Weds, 10.30am-12.30pm, Field C.C.*

Happy Living Club

Indoor/outdoor activities. *Tues, Weds, 1.30-5.30pm, Jeyes C.C.*

Holiday Spanish Club

Weds, 12.30-1.30pm, Manor Park

Walking Football

Email: dgheerawo@westhamunited.co.uk or call 07803 201299. *Tues, 10-11am, Priory Park*

Get Active, Get Healthy, and Exercises for Fitness

Thurs, 11-12pm, Jack Cornwell C.C.

Get Active, Get Healthy – Walk to the Park

Mon, 10.30-11.30am, Manor Park

Community Food Growing Project

Weds, 10am-12pm, fortnightly, East Ham

Community Cooking Project

Six-week course. £6. *Tues, 10am-12pm and 12.30-2pm, East Ham*

Pilates Class

Tues, 9.30-10.30am, Field C.C.

Drop-In Embroidery Class

Mon, 11.30am-1.30pm, East Ham

Chair Based Exercise

For all fitness levels. *Fri, 10.30-11.30am, East Ham; Tues, 5-6pm, Stratford; Weds, 10.45-11.45am, Community Road Centre, E15*

Fitness for 50+

Fitness circuit, mixed, 9.15-10am, *Thurs*; Fitness circuit, mixed, 10-10.45am, *Thurs*; Zumba, 1-2pm, *Tues, ladies only*; Exercise for ladies, 9.30-10.30am, *Fri*; Exercise for ladies, 10.30-11.30am, *Fri*; yoga for ladies, 1-2pm, *Fri*. Katherine Road C.C.; *Tues, 11am-1.30pm, Beckton C.C.*

Games and Friendship Club

Chat and make friends over games and a cuppa. *Thurs, 11am-1pm, East Ham*

East Ham Strollers

Learn about local heritage and discover hidden gems with gentle walks. *Thurs, 1.30-3.30pm, East Ham*

Weekly Tea Dance

Weds, 2.30-4pm for 10 weeks. The Hub C.C.

Functional Fitness

Build the total-body strength you need for everyday life with this practical program. *Tues, 6-7pm, Stratford.*

Pilates and Back Care Class

Mon, 10-11am, East Ham

GREEN

Green Gym *Weds, 10am-1pm, and last Sat of month, meet at Visitor Centre in East Ham Nature Reserve, Norman Rd, E6. Call 07845 973156*

Green Volunteering *Tues and Thurs, 10am-2pm Silvertown Wy, E16 (opp. Hallsville Rd)*

Garden Club

Tues, 1-3pm, Thurs, 4-7pm, Sat, 10am-4pm, Abbey Gdns, Bakers Row, E15

Gardening Thymes

Gardening Club *Fri, 11am-1pm, Bowling Green, Central Park, High St South, E6*

Grow Together Be Together Community Gardening

Club *Weds, 10am-1pm. Sat, 1pm-3pm, Flanders Field, Melbourne Rd entrance, E6. Call 020 8586 7070*

Caravanserai Garden

Volunteering *Thurs and Sat, 11am-3pm, Silvertown Wy, E16. For information call 07773 863384*

Community Gardening *Tues, 11.30am-2.30pm, St John's Green Community Garden*

DOORSTEP CLUBS

Call 0300 124 0123. unless

otherwise stated.

Athletics Club (14yrs+)

A multi-sport session focusing on athletics, football and the gym. *Tues, 6-7pm, Newham Leisure Centre, E13. Call 07718 394756*

Gym & Basketball (14yrs+)

Tues, 6-10pm, £2, Rokeby School, Barking Rd, E16

FEMALE SPORTS

Basketball Sessions

Tues, 4-5pm, Chobham Academy, 40 Cheering Ln, E20

Female Boxfit (14yrs+)

Mon, 4.15-5.15pm, Balaam Leisure Centre, E13. Call 07970 783526

Girls Group Cycling (11-15 yrs)

Tues and Thurs, 5-5.30pm, Newham Leisure Centre, E13

Modern Arnis Martial Arts (16yrs+)

Tues, 5-6pm. Call 07473 030250. Jack Cornwell C.C.

Female Only Gym Sessions

Mon, 3-4pm, 16-25yrs. Mon and Weds, 7.30-10.30pm. Tues and Thurs, 12-1.30pm. Sun, 3-5pm, 11-15yrs, Newham Leisure Centre, E13. £4.65

Get Back into Netball

Tues, 6-7.30pm, juniors; 7.30-9pm, seniors. £5. Lister Community School, E13. Email: opanetballclub@hotmail.com

Abs Blast (11-15yrs)

Thurs, 5.30-6.30pm, £3.10, Newham Leisure Centre, E13

Fun Female Fitness (14yrs+)

Weds, 5-6pm, Newham College, East Ham Campus, E6 6ER. Email: sports@newham.ac.uk

Female Only Zumba

Tues, 6-7pm, Forest Gate Community School, Forest Ln, E7. Thurs, 6.30-9pm, The Well C.C., Vicarage Ln, E6. £1. Call 07741 292893; Thurs, 10.15-11.15am, Stratford, £2.50; Mon, Weds, 6.30-7.30pm, Asta

Community Hub, 14A Camel Rd, E16 2DE. £2.50

Dare2Dance (12-16yrs)

Street dance, *Fri, 3.30-5.30pm, Newham Leisure Centre, E13*

SPORTS AND PHYSICAL ACTIVITIES FOR DISABLED PEOPLE

Ability Club (14-25yrs)

Multi sports for disabled young people. *Weds, 5.30-6.30pm and Fri, 4.45-6pm, NewVic, E13*

Swim for Families

Dealing with Autism *Weds, 4-5pm, Balaam Leisure Centre, E13. Call 0300 124 0123*

Family Swims

Sat, 4.30-5.30pm, Newham Otters Swimming Club, Newham Leisure Centre, E13. Call 0300 124 0123. Sun, 12.30-2pm, Family Swim, Balaam Leisure Centre, E13. £5. Call 0300 124 0123.

Get Fit for Free

Tues, 1.30-3.30pm and Fri, 10am-12pm. Gym for people with learning disabilities. Newham Leisure Centre, E13. To book induction call 0300 124 0123

RUNNING AND ATHLETICS

Beckton Park Run

Sat, 9am, Beckton Park South, E16. Call 07718 394756 www.parkrun.org/beckton

East End Road Runners

Tues and Thurs, 7pm. Sun, 9am. Meet on the track. Coached sessions for all abilities. Newham Leisure Centre, E13. Call 07979 261647.

Children's Athletics (6+)

Sat, Years 1 to 4, 9.30-10.30am; Years 5 to 7, 10.30am-11.30am. £20 for 6 weeks. Tues, Years 1 to 4, 5.30pm-6.30pm; Years 5 to 7, 6.30-7.30pm. £35 for 10 weeks

Run England

£2 unless stated. *Sun, 10am-12pm, Newham Leisure Centre, E13 (meet on track).*

Mon, 4-5.30pm, Newham Leisure Centre, E13 (meet on track). Mon, 5.45-6.45pm, Newham Dockside, E16 (meet at reception). Weds, 12-1pm, Newham Dockside, E16 (meet at reception). Thurs, 5.15-6.15pm, UEL Docklands Campus, E16 (meet at reception). Sat, 10-11.30am, Wanstead Flats, E12 (meet at Harrow Rd Changing Pavilion). Sat, 10-11.30am, Memorial Park, E15, £4 (meet at car park). Call 07718 394874.

SPORTS



Cricket (14yrs+)

Tues, 6-8pm, Newham Sixth Form College, E13. Call 07476 269226

Indoor Cricket (8-16yrs)

Weds, 6-8pm, £2, Lister Community School, E13, email: michelle.daniel@activeNewham.org.uk

Black Arrows Badminton Club

Adults: Fri, 7-9pm, Juniors: Sat, 10am-12pm, £3.70, East Ham LC. Adults: Weds, 7-10pm, UEL SportsDock. Call 07932 037173

BMX (6-16yrs)

Sun, 10am-12pm, £3. Gooseley Playing Fields, St Albans Ave, E6. Call 07961 333615

Adult Tennis (16+)

Sat, 9-10am, 10-11am, 11am-12pm, Central Park (tennis courts), High St South, East Ham, E6 6ET. Sun, 9-10am, 10-11am, 11am-12pm, Stratford Park (tennis courts), West Ham Ln, Stratford, E15 4PT Contact: michelle.daniel@activenewham.org.uk 07741 293513

FOOTBALL



AIR Football (16yrs+)

Tues, 1-3pm, Fri, 10am-12pm, Memorial Park, Memorial Ave, E15. Fri, 3-5pm, Beckton

Powerleague, E6. Visit www.airfootball.co.uk

Football and Athletics

Thurs, 4-5.30pm, Britannia Village, 65 Evelyn Rd, E16

Football & Multi Sports

Mon, 4-5.30pm, Newham Leisure Centre, E13. Weds, 5-6pm, Stratford MUGA, West Ham Ln, E15

Mayor's Football League

U10yrs, U12yrs, Mon, 4.30-6pm, U16yrs, U18yrs, 6-7pm Newham Leisure Centre, E13

Premier League (16yrs+)

6-a-side (4 subs) Weds, 7-10pm, Newham Leisure Centre, E13

WHU Kicks

Mon, Tues, Fri, 4-7pm, WHUCST, Beckton 3G, 60A Albatross Cl, E6. Thurs, 6.30-7.30pm, Little Ilford Learning Zone, 1 Rectory Rd, E12. Thurs, 6.30-7.30pm, Stratford Park MUGA, West Ham Ln, E15. Sat, 10.30am-12pm, Newham Leisure Centre, E13

Ascension Football

Sat, 9.15-10.45am, £3, reception to year 11. Royal Docks School, Prince Regent Lane, E16. Call 07806 584925 or 020 7511 1232

BASKETBALL



Basketball & Multi Sports

Fri, 5-6.30pm, 8-19yrs, Snowhill MUGA, Snowhill Rd, E12

Basketball Sessions

Thurs, 5.30-6.30pm, Little Ilford Learning Zone, 1 Rectory Rd, E12

National League

Mon, 6-8pm, U13/14yrs, Tues, 6-8pm, U15/16yrs, Rokeby School, E16. Thurs, 4.30-6pm, U13/14yrs boys, U14yrs girls; 6-8pm, U16yrs, Newham Leisure Centre, E13, 6-8pm, U18yrs, Cumberland School, E13

NCFE Sports – Basketball

Thurs, 5-7pm, East Ham Leisure Centre. To register email: sports@newham.ac.uk or call 020 8257 4255

Senior Programme

Mon, 7.30-9.30pm, Division 2 women and division 3/4 men. Rokeby School, E16. Call 07947 401616

Basketball (14yrs+)

Tues, 5.30-6.30pm, Forest Gate Community School, E7 9BB. Email: sports@newham.ac.uk

COMMITTEE MEETINGS

Meetings take place at Newham Town Hall, Barking Road, E6, unless otherwise stated.

Mon, 30 Jan, 7pm, Council
Tues, 31 Jan, 7pm, Strategic Development Committee,
Council Chamber, Old Town Hall, Stratford, E15

Mon, 6 Feb, 7pm, Local Development Committee,
Council Chamber, Old Town Hall, Stratford, E15.

Tues, 7 Feb, 7pm, Overview and Scrutiny Committee

Weds, 8 Feb, 6.30pm,
Investment and Accounts Committee

Thurs, 16 Feb, 5pm,
Cabinet, **5.05pm,** Mayoral Proceedings

CONTACT THE MAYOR

Here to Help sessions

Please register 30 minutes before session starts.

Thurs, 2 Feb, 11am,
Stratford Old Town Hall

Thurs, 9 Feb, 11am,
Canning Town Library

Telephone surgery

Weds, 8 Feb. Please call 020 8430 2000 between 10am and 11am

CONTACT DETAILS

LIBRARIES & COMMUNITY NEIGHBOURHOODS

Beckton Globe 1 Kingsford Wy, E6
Canning Town Barking Rd, E16
Custom House Prince Regent Ln, E16
East Ham 328 Barking Rd, E6
Green Street 337-341 Green St, E13
The Gate 2-6 Woodgrange Rd, E7
Manor Park 685-691 Romford Rd, E12
North Woolwich 5 Pier Parade, E16
Plaistow North St, E13
Stratford 3 The Grove, E15
Archives and Local Studies
020 3373 6881
Community Outreach 020 337 30813
Church of God 37 Manor Park Road, E12, 020 8911 9494

LEISURE & SPORTS VENUES

Atherton Leisure Centre
189 Romford Rd, E15
Balaam Leisure Centre
14 Balaam St, E13
East Ham Leisure Centre
324 Barking Rd, E6
Newham Leisure Centre
281 Prince Regent Ln, E13
NewVic Prince Regent Ln, E13
UEL SportsDock Docklands Campus, University Wy, E16

COMMUNITY CENTRES (C.C)

Beckton Community Centre
14 Manor Wy, E6, 020 7511 1214
East Ham Market Hall Myrtle Rd, E6 1HY, 020 8471 0292
Field Community Centre
147 Station Rd, E7 020 8536 2800
Grassroots Centre Memorial Park, Memorial Ave, E15, 020 3373 0650
The Hub 123 Star Ln, E16
020 3373 0750
Jack Cornwell Community Centre
Jack Cornwell St, E12 020 8553 3459
Jeyes Community Centre
1 James Cl, E13, 020 3373 2205
Katherine Rd Community Centre
254 Katherine Rd, E7, 020 8548 9825
St Mark's Community Centre 218
Tollgate Rd, E6, 020 7474 1687
Vicarage Ln Community Centre
Govier Cl, E15, 020 8519 0235
Harold Rd Centre 170 Harold Road, E13 OSE, 020 8472 2805
Queens Market Green St, E13
Rabbits Rd Institute
835 Romford Rd, London E12 5JY
Royal Docks Learning Activity Centre Albert Rd, North Woolwich, E16 2JB
St John's Green Community Garden
Albert Rd, North Woolwich E16 2JB
St Bartholomew's Church & Centre,
292b Barking Road, E6 3BA
London Road, 1 London Road, E13 OAT
The Community Resource Centre,
200 Chargeable Lane, E13 8DW 020 3373 2697

Open Day

**Saturday
4 February 2017**

9.30 am - 12.30 pm



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